



NITZANIM PACKING RECOMMENDATIONS

Please make sure that clothing brought to camp is appropriate for camp, and please label EVERYTHING brought to camp with camper's full name.

BASICS & BEDDING

- 1 Blanket
- 1 Laundry Bag
- 1 Pillow
- 1 Sheet Set (standard twin)
- 1 Pillowcases
- 1 Sleeping Bag (or blanket if your child prefers)
- 2 Pool Towels
- 2 Shower Towels
- 2 Sets of Pajamas
- 1 Water Bottle
- 1 Flashlight/Batteries
- 2 Writing Utensils/Stationary
- Duffle bag or suitcase for packing

TOILETRIES

- 1 Comb/Brush
- 1 Toothbrush
- 1 Toothpaste
- 1 Soap/Body wash
- 1 Shampoo + Conditioner
- 1 Pack of Tissues
- 1 Sunscreen
- 1 Bug Spray
- Deodorant (if appropriate)
- Feminine Hygiene Products (if appropriate)
- Shower caddy
- Toothbrush/toiletry caddy
- Hand Sanitizer



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CLOTHING

- 5 Pairs of Underwear
- 5 Pairs of Socks
- 1 Hat
- 1 Pair of Shower/Pool Shoes
- 2 Swimsuits
- 1 Pairs of Sneakers (that can get dirty)
- 1 Pair of Jeans/Sweat Pants
- 4 Pairs of Shorts
- 1 Long-Sleeve T-Shirts
- 4 Short-Sleeve T-Shirts/Tanktops
- 1 Light Jacket
- 1 Sweatshirt

OPTIONAL

- Nail Polish/Remover
- Rain Boots/Umbrella
- Swimming Goggles
 - Bandana
- Playing/Magic Cards
 - Camera
- Battery Operated Fan
- Quiet Games/Books
 - Clothing hangers
 - Stuffed animal



WHAT NOT TO PACK

- Electronics of any kind (with the exception of basic e-readers or old-fashioned Mp3 players that cannot connect to the Internet)
- Shoes with high-heels or wheels
- Medication (unless it is properly packaged and given to the infirmary; campers are not permitted to keep medication in the cabin)
- Alcohol, tobacco or drugs
- Weapons of any kind (including toy guns – Nerf, water, etc.)
- Any type of food, including gum and candy